

Activity Name: Fruits of the spirit- Introduction

Objective: To introduce and overview the fruits of the spirit

Scriptural Foundation: But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Galatians 5:22-23

Warm-up:

Play Pictionary with the fruits of the spirit

Give students the fruits of the spirit as the clues

It is hard to draw some of the words but allow the students to be creative and draw them as they see fit.

Some students make catch on quickly that they are the fruit of the spirit.

Ask people afterward how hard was it to draw and guess something like faithfulness.

Lesson:

You all were drawing the fruits of the spirit. It hard to draw them and sometimes just as hard to live them out because we do not know what they look like. Over the next couple of weeks we will break down each one and see how they

Why is it important that we include the fruits of the spirit into our lives?

“Watch out for false prophets. They come to you in sheep’s clothing, but inwardly they are ferocious wolves. By their fruit you will recognize them. Do people pick grapes from thornbushes, or figs from thistles? Likewise, every good tree bears good fruit, but a bad tree bears bad fruit. A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. Thus, by their fruit you will recognize them. Matthew 7:15-20

We are known by the fruit we produce and should take time to develop these fruit.

This week we will start on love and joy.

What is love? (Use the definition and bible verses to answer this question)

Are there areas in your life that don’t line up with that?

How can I be more loving in those areas?

What is joy? (Use the definition and bible verses to answer this question)

Are there areas in your life that don’t line up with that?

How can I be more joyful in those areas?

Wrap-Up: Take a few fruit a week and discuss how students can add that fruit to their lives that week.

Challenge the students to think of one situation where they need improvement in the fruits of the spirit covered that week.

Example: more joy at sports practice

Being more loving to siblings

Self-control with their phone

Ask them to work on that for the week.

The following week you can begin by asking about the previous week. Did they complete they see growth? How did people react to their change? Etc.

Other Lesson Ideas:

Easy Bibles studies to do are the Sermon on the Mount and the book of James. Both are practical and you can challenge the youth to add these things into their life maybe doing a chapter or two a week for a few weeks.

You can do deep with both and take time in your weekly meeting to do what they say do.

Example: Ask students to bring old clothes of theirs to give to the needy and donate them

Ask them to fast from something the next day